

How to Organize an AFAC Emergency Food Kit (EFK) Drive

Last Updated 4-27-2017

Emergency Food Kits are given to clients with immediate needs by Arlington County social workers. Each EFK will supply one day's worth of food for two people. Groups can purchase the food and package the kits in their own meeting space.

1. **Register** your EFK food drive online to receive food drive boxes and bags and contact Lily Duran at lily.duran@afac.org for more information.
afac.org/food-drive/food-drive-participant-registration/
2. **Collect or purchase** even numbers of the food items listed on the other side of this handout. Distribute this handout as needed.
3. **Bag donations:** each kit should include the complete list of items. Any incomplete kits or leftover items should be gathered in a separate container and donated as-is.
4. **Quality control:** assign one person to check over the kits to ensure each is complete. Completed kits can be double-knotted.
5. **Deliver to AFAC:** A staff member will weigh your donation and issue you a receipt.
Monday - Friday: 8:30am - 4:30pm
Saturday: 9:00am - 1:00pm.

**Thank you for helping us feed
our neighbors in need in Arlington!**



EMERGENCY FOOD KIT (EFK)

Each EFK should include ALL of the following items:

Last Updated 5-3-2017

Breakfast

Oatmeal

Single Serve Cereal Box/Cup

Shelf Stable Milk Box

Quantity

(2) packets

(1) 1.5-3 oz. package

(2) 8 oz. box

Lunch

Canned Tuna or Chicken

Canned Soup

Macaroni & Cheese

Granola/Power Bar

(2) 5 oz. can

(1) 15 oz. can

(1) 7 oz. box

(2) bars

Dinner

Pasta

Canned or plastic jar Spaghetti Sauce

Canned Vegetables

(1) pound

(1) 20 oz. container

(1) 15 oz. can

*Do not package any glass items into an Emergency Food Kit.